

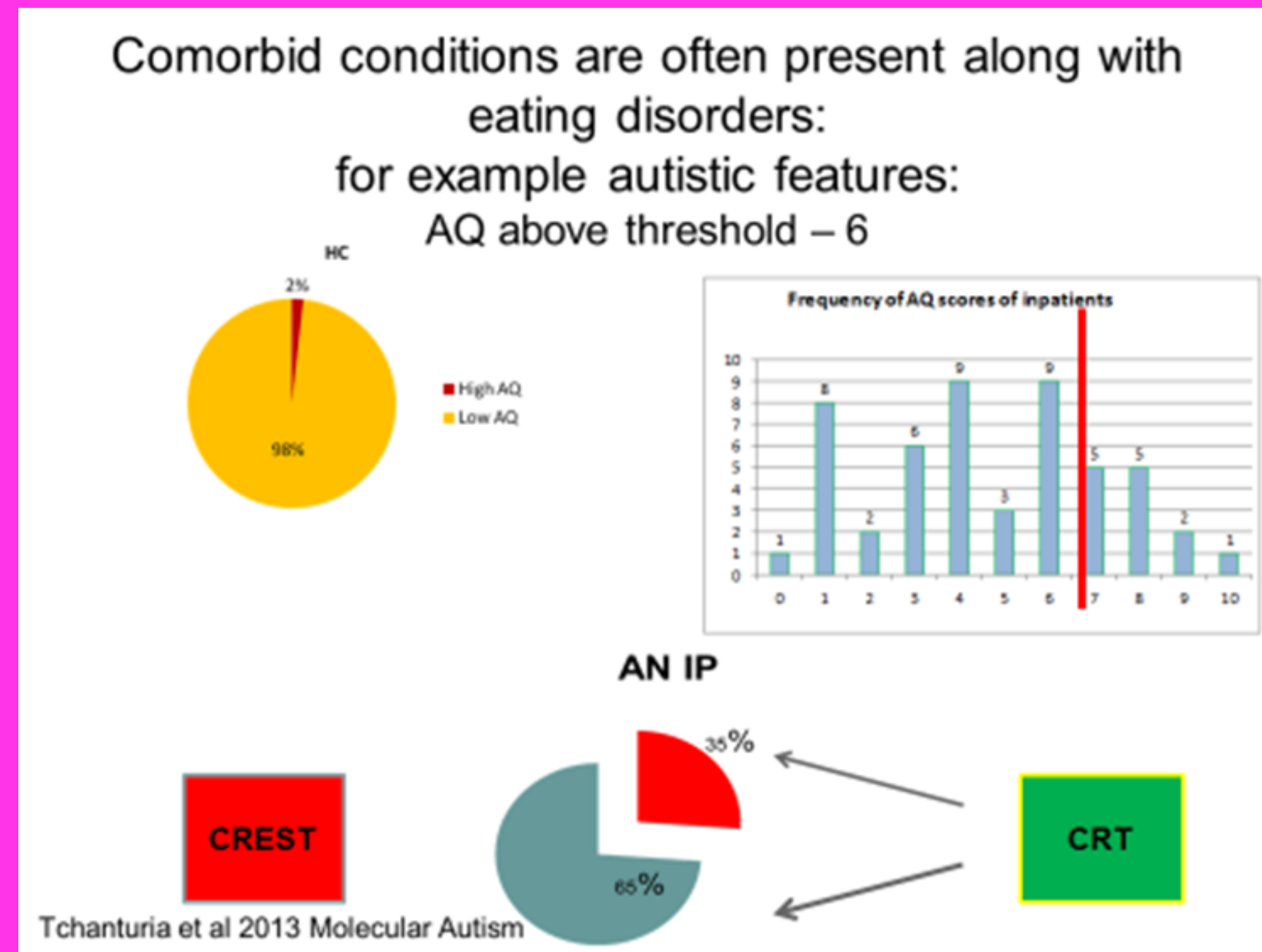
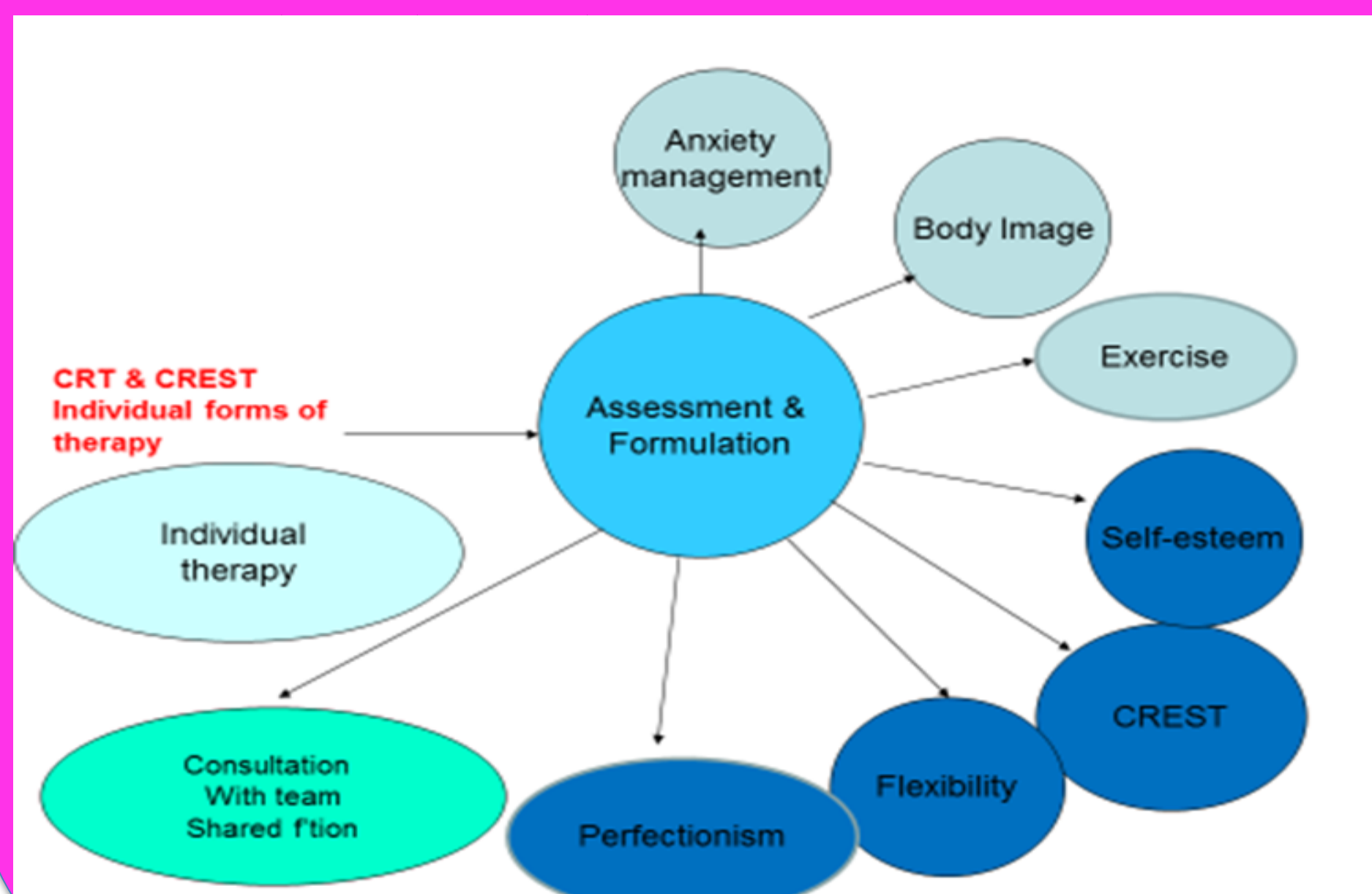


Inpatient treatment programme



Background

- Our inpatient programme is part of the large eating disorder service in South London and Maudsley NHS foundation Trust
- We have patients from both local and national geographic areas.
- In larger context we are part of King's Health partners meaning that we have close links with King's College London (this means we have trainees and students contributing to our research and audit projects)
- Our clinical programme has evidence based robust treatment programme which is delivered by multidisciplinary team: medical doctors, nurses, psychologists, occupational therapists, dieticians, health care assistants, social worker, family therapy team. We have support from our administrative colleagues.
- We have individual and group psychological therapies specifically adapted for inpatient



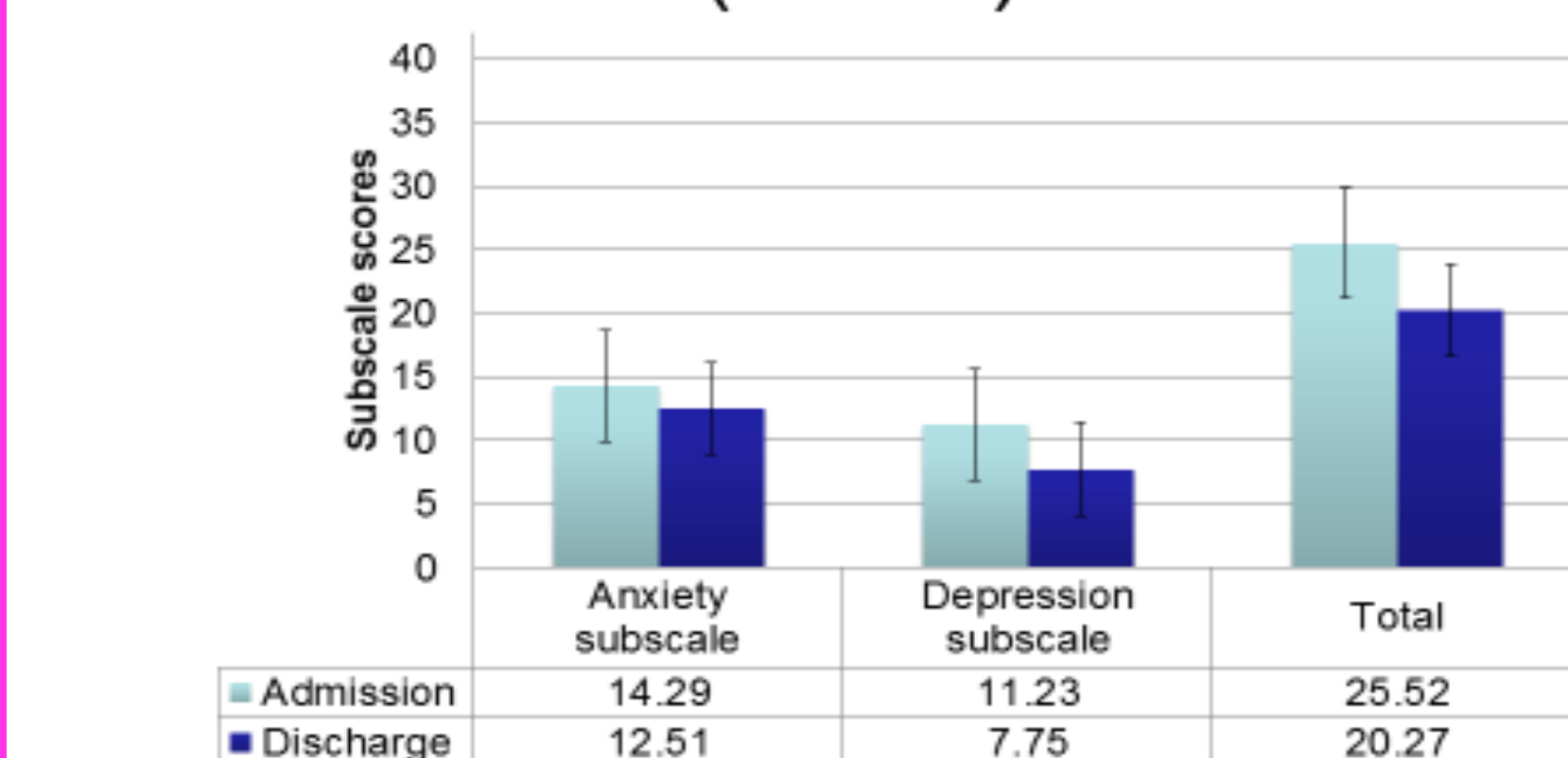
We are in process of developing specific clinical pathway for women with autistic features and eating disorders.

If you are interested to help in the research projects please approach Kate.Tchanturia@kcl.ac.uk

Kate will discuss ongoing studies and how you can help us in this important work.

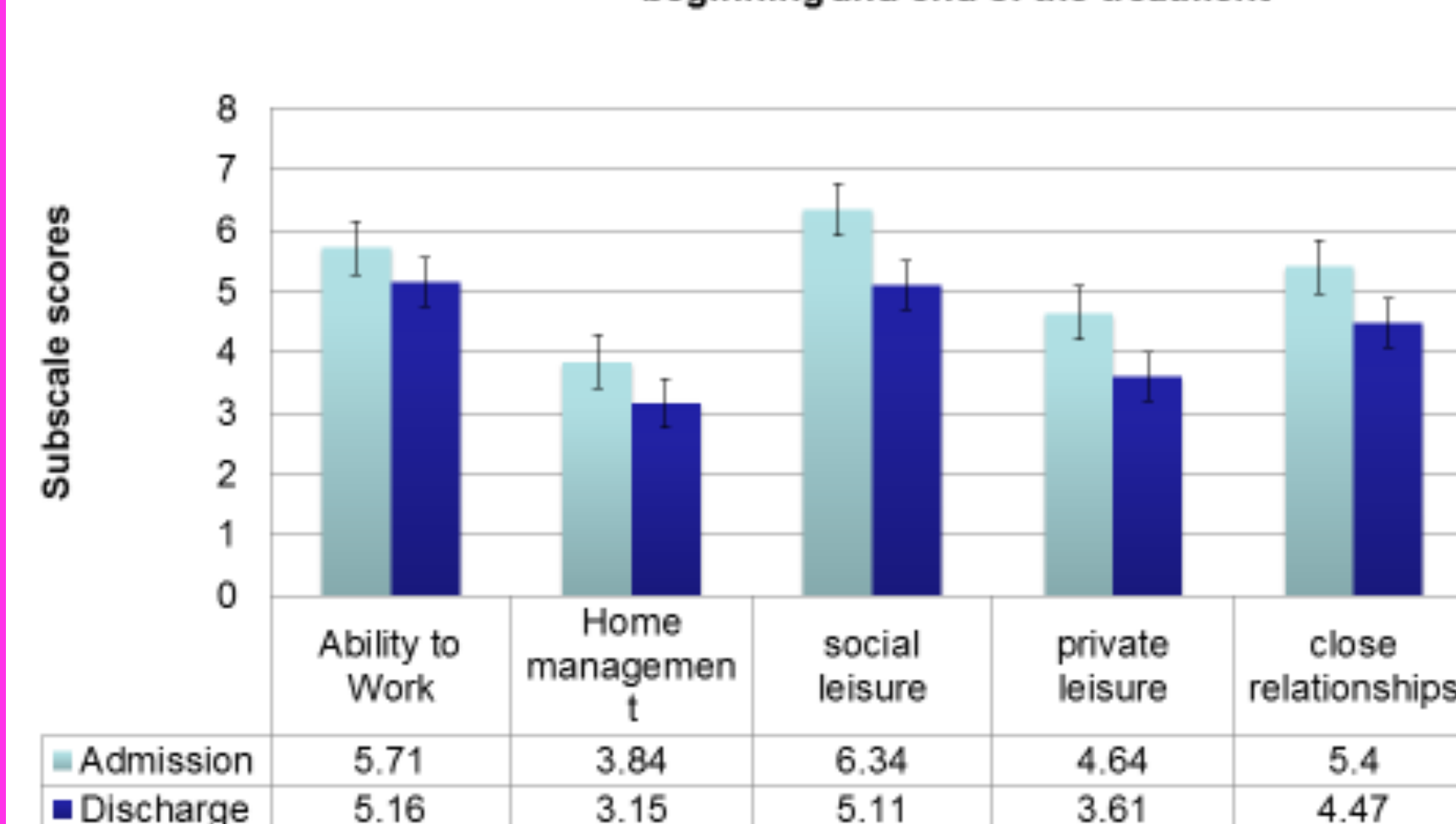
- We systematically collect the data on clinical and functional measures and carefully monitor trends over time.
- Our clinical audit data suggests that in addition to nutritional improvements levels of anxiety and depression are decreasing and functional outcomes improve.

Hospital Anxiety and Depression Scale (HADS)



Higher scores indicate higher self-reported Depression and Anxiety symptoms. Measures before discharge show positive changes-decrease in anxiety and depression

Work and Social Adjustment Scale Average in the beginning and end of the treatment



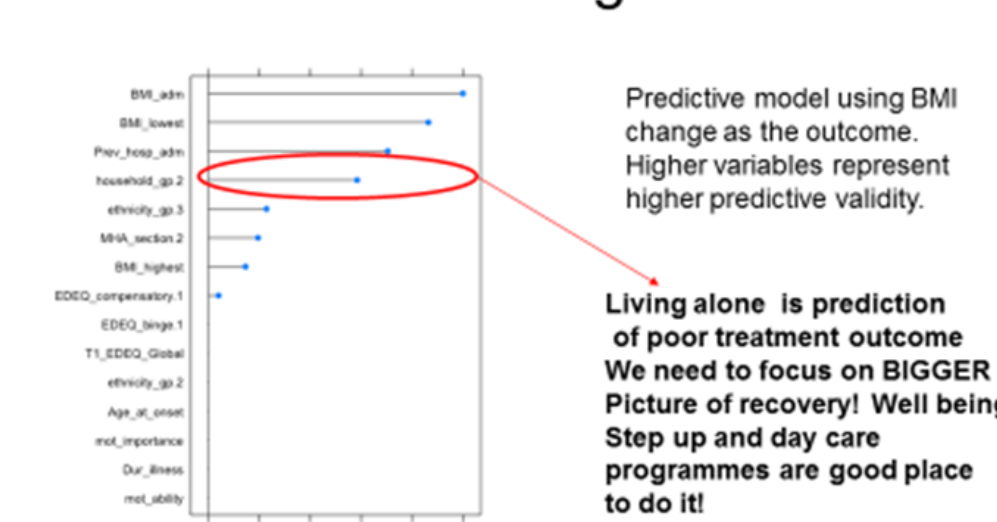
Higher scores indicate worse social adjustment

Why audit is important?

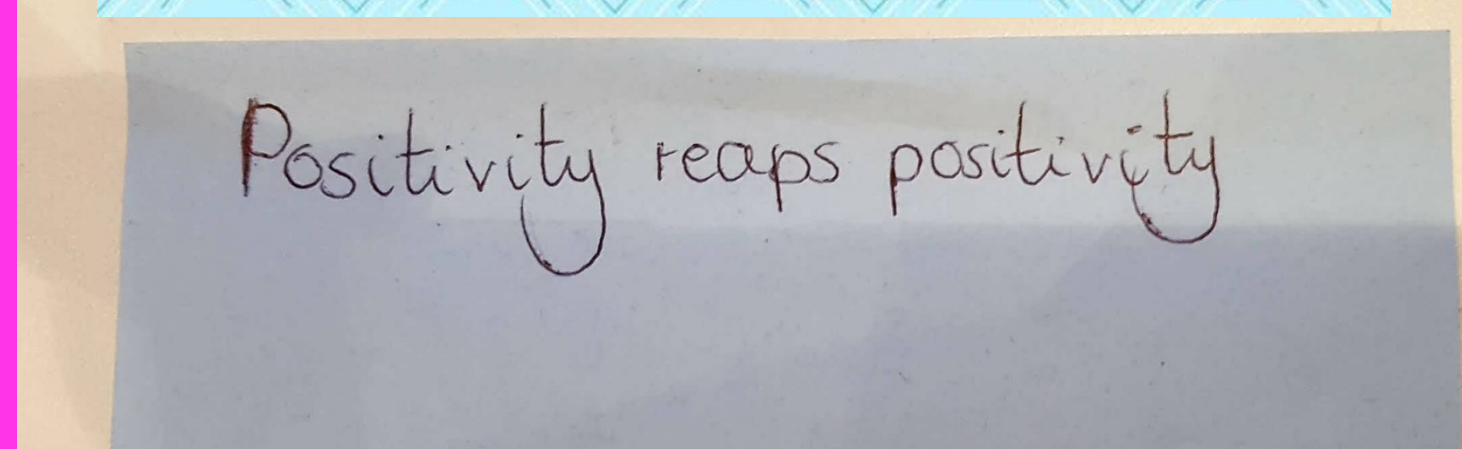
We assess eating disorder specific and general functioning associated measures.

This helps us to have clear idea about how patients respond to treatment. This data helps us to reflect on our own clinical practice and generate more evidence based treatments.

Predictive Modelling using Machine Learning

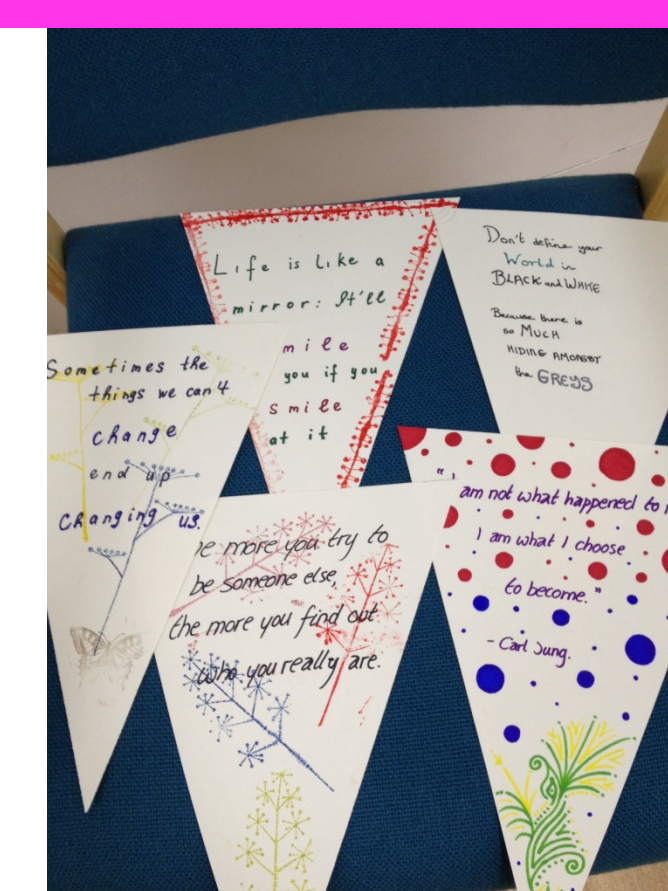
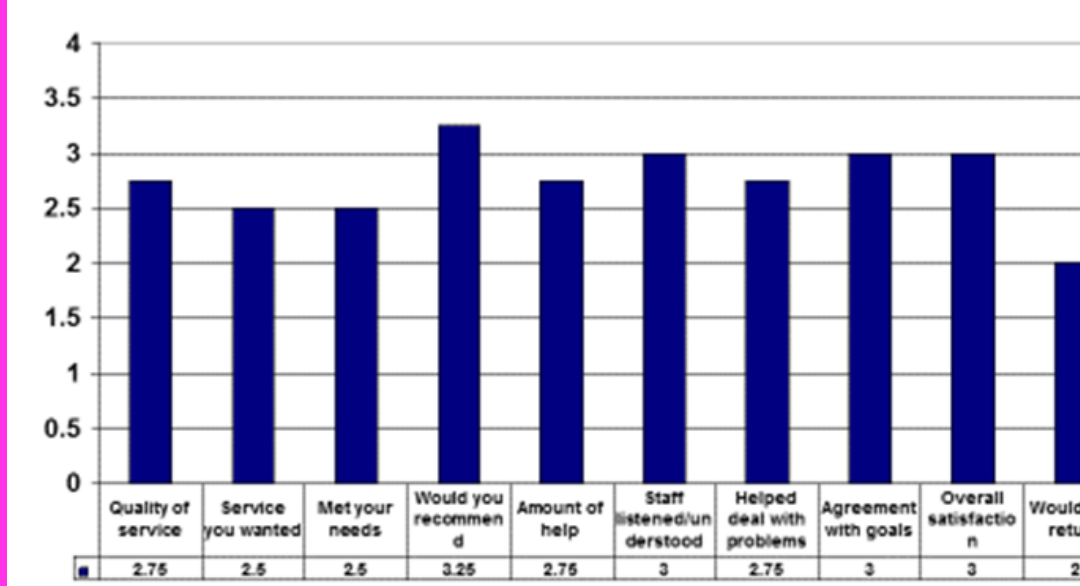


Well being workshops complement our treatment programme and this is for all community patients and staff



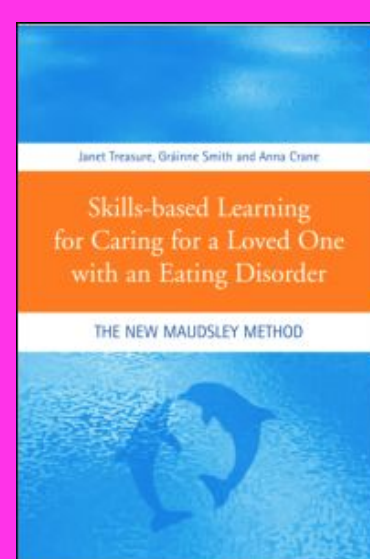
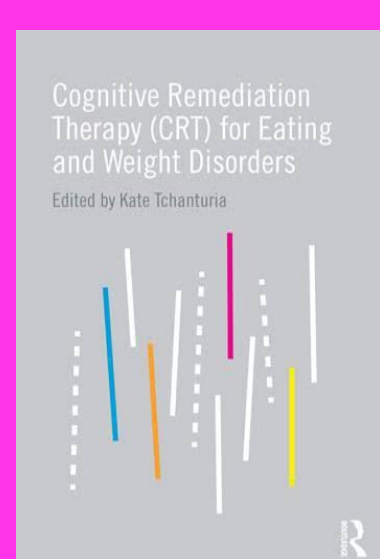
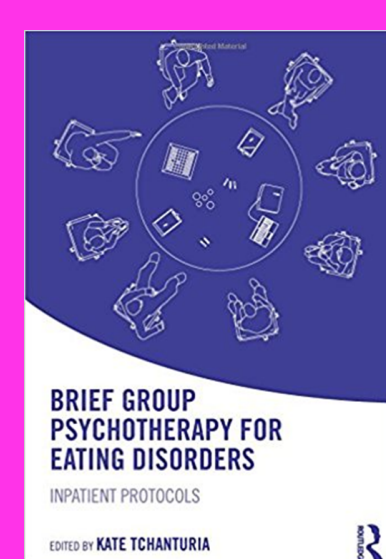
What patients tell us we do well?

Patient Satisfaction Questionnaire



A range of group and one-to-one Interventions
Ongoing and flexible care plans
Active involvement in planning

References:



With Many thanks to all Psychology assistants and MSc students supervised by Dr. Kate Tchanturia Consultant Clinical Psychologist and EDU team