

Inpatient Treatment Programme

Service Evaluation and Audit

Background

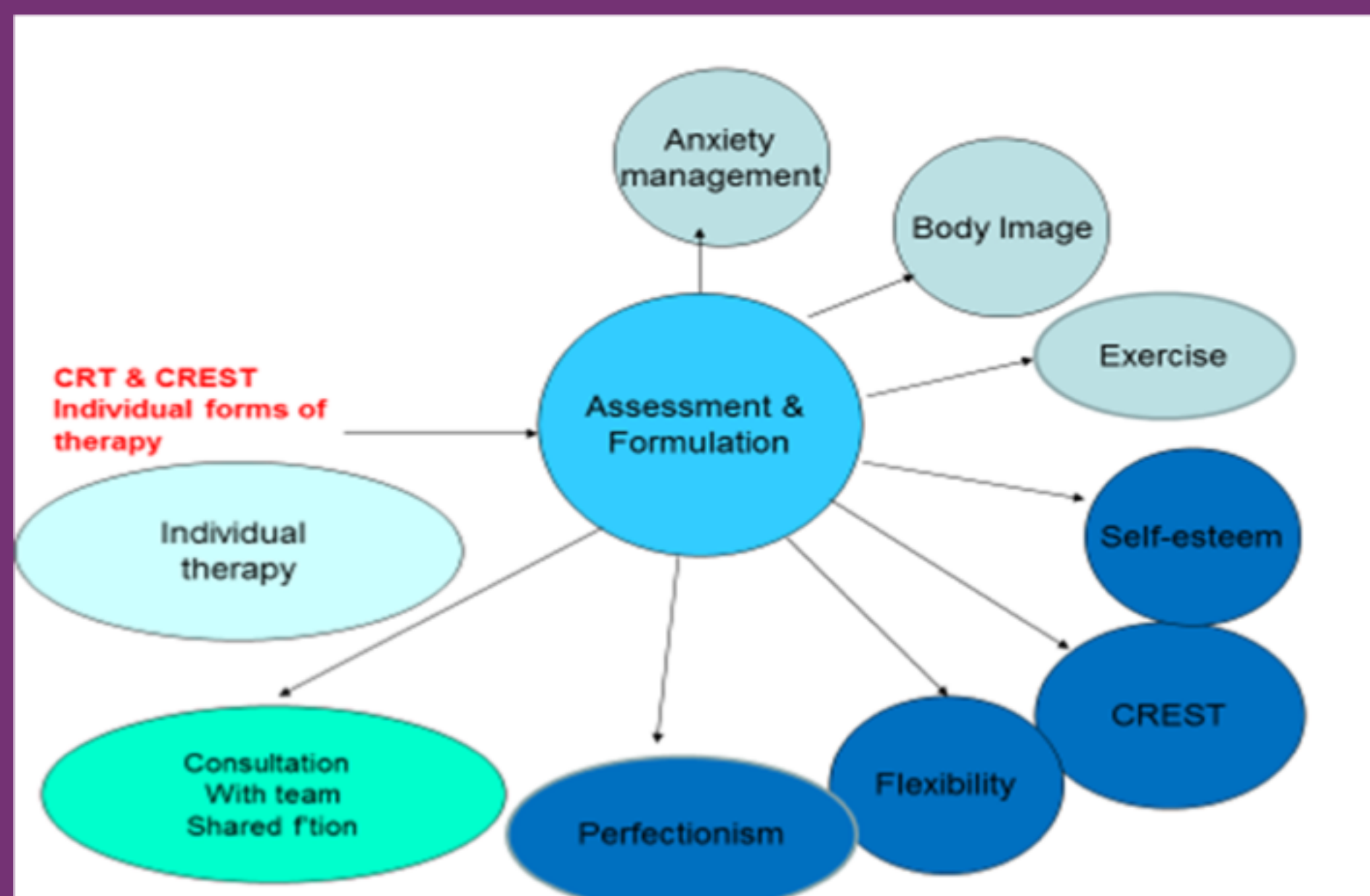
The Inpatient Programme is part of a larger eating disorder service in South London and Maudsley NHS Foundation Trust

We take both local patients and patients from across the UK.

We are part of King's Health Partners and have close links with King's College London (trainees and students contributing to our research and audit projects).

We have a robust evidence-based clinical treatment programme delivered by a multidisciplinary team.

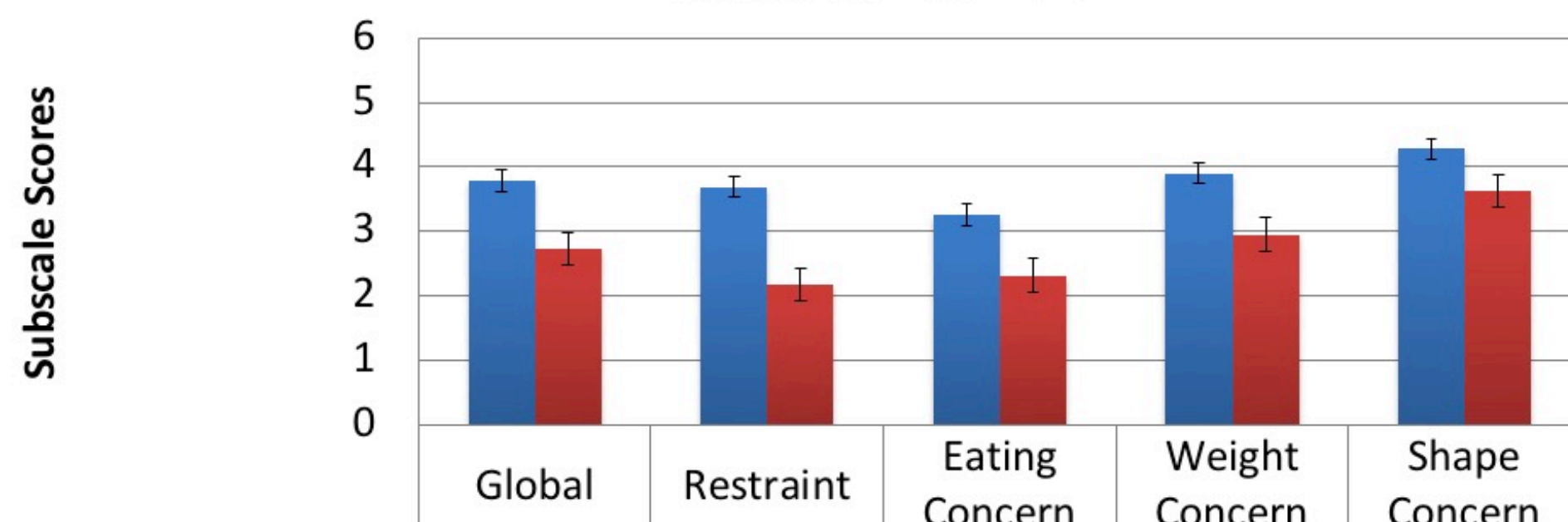
Our treatment programme and psychological interventions are evidenced through service evaluation and audit.



EDE-Q (Eating Disorders Examination Questionnaire)

EDE-Q

Eating Disorders Examination Questionnaire
Average for 2008-2017



Less eating disorder psychopathology, eating and shape concerns after treatment compared to initial assessment in admission

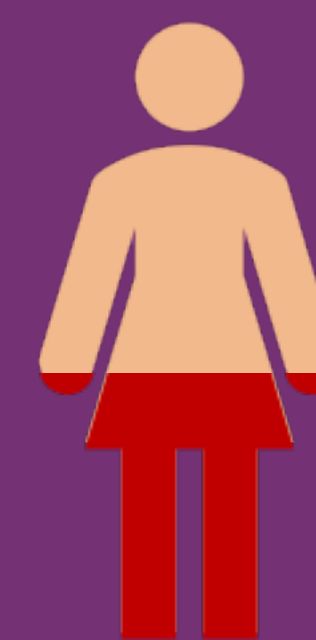
Patient Demographics


 50-60 Admissions per year

Average Age 28 Years
(18-69 range)



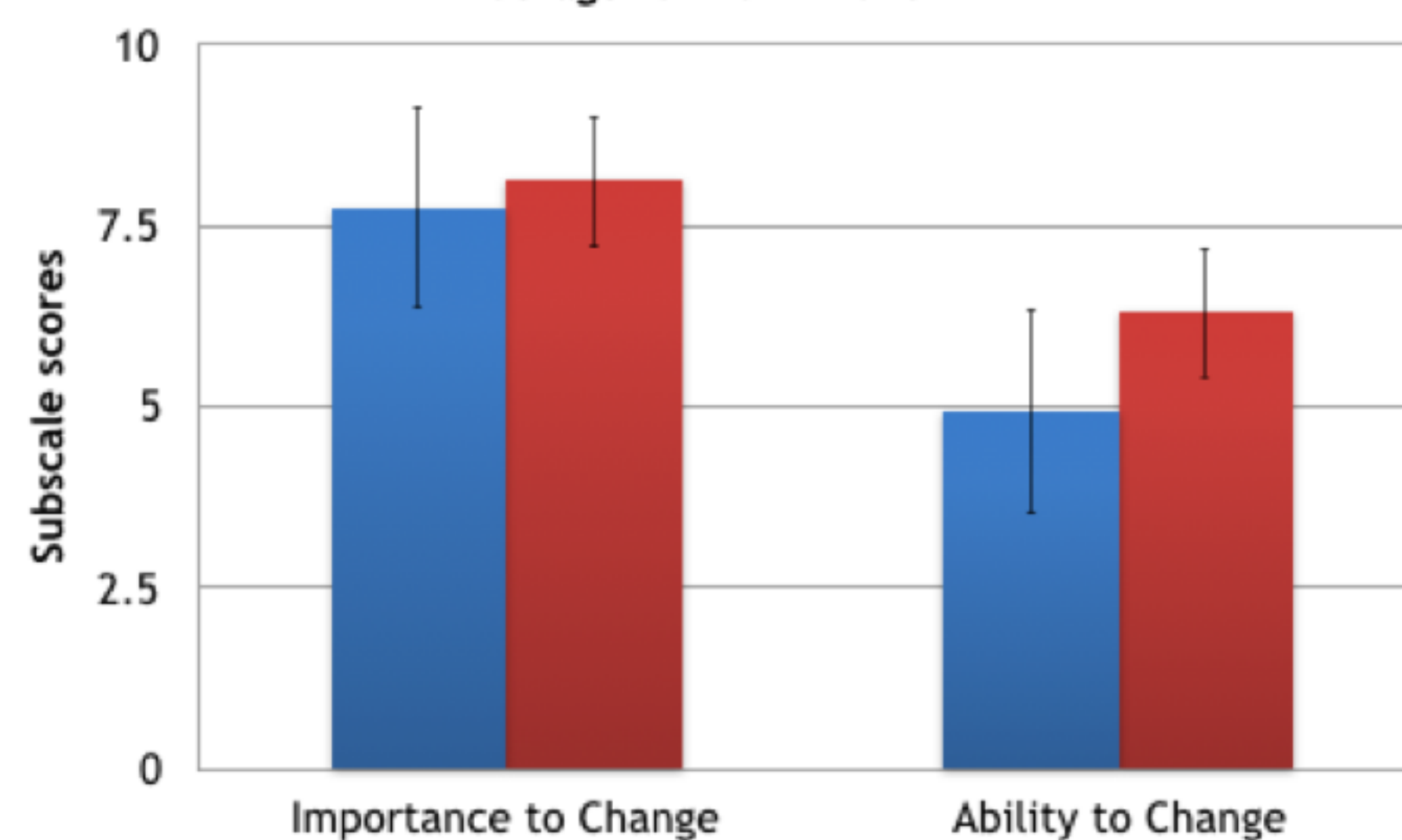
36% have at least 1 other psychiatric co-morbidity



83% Single
7% Married
4% Living Together

Motivational Ruler

Motivational Ruler
Average for 2011-2015

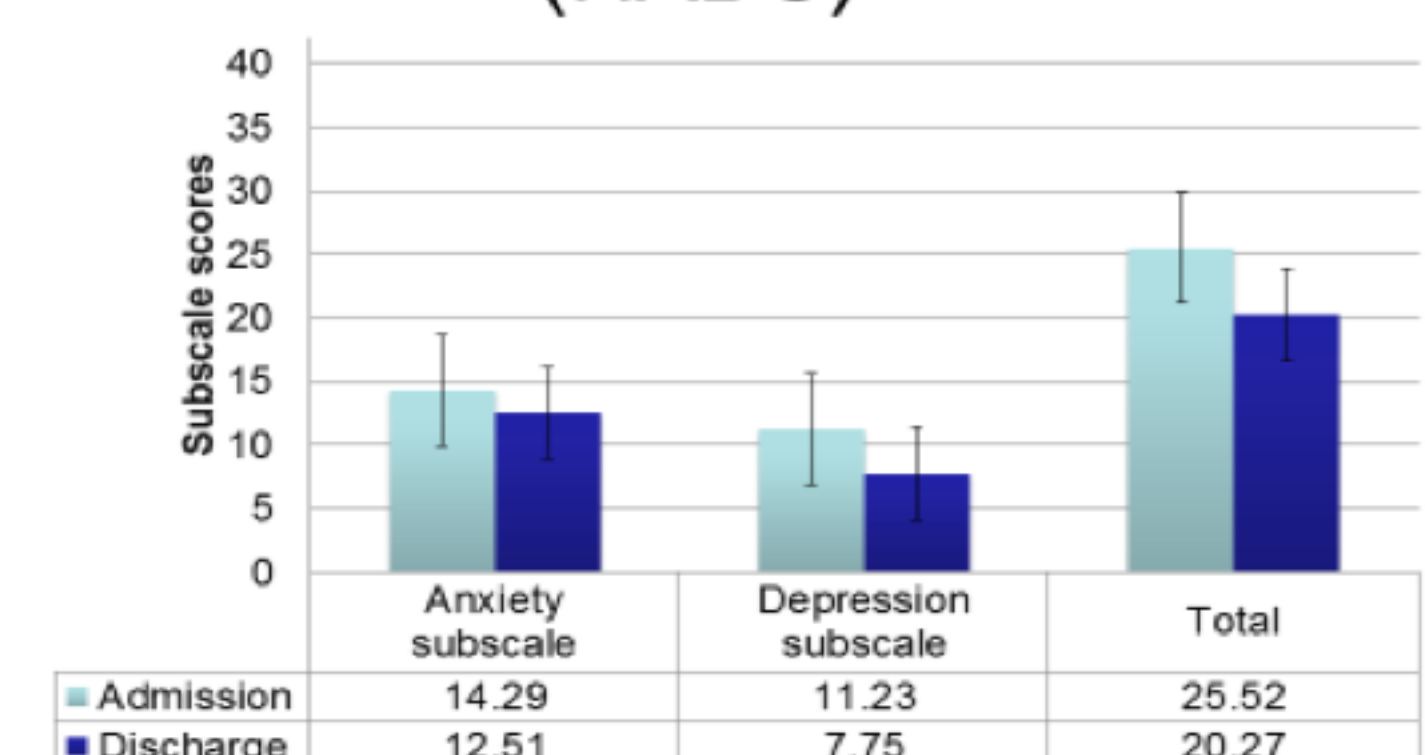


Self-perceived Importance to change and self-perceived ability to change increased after treatment compared to initial assessment when admitted for treatment

HADS (Hospital Anxiety and Depression Scale)

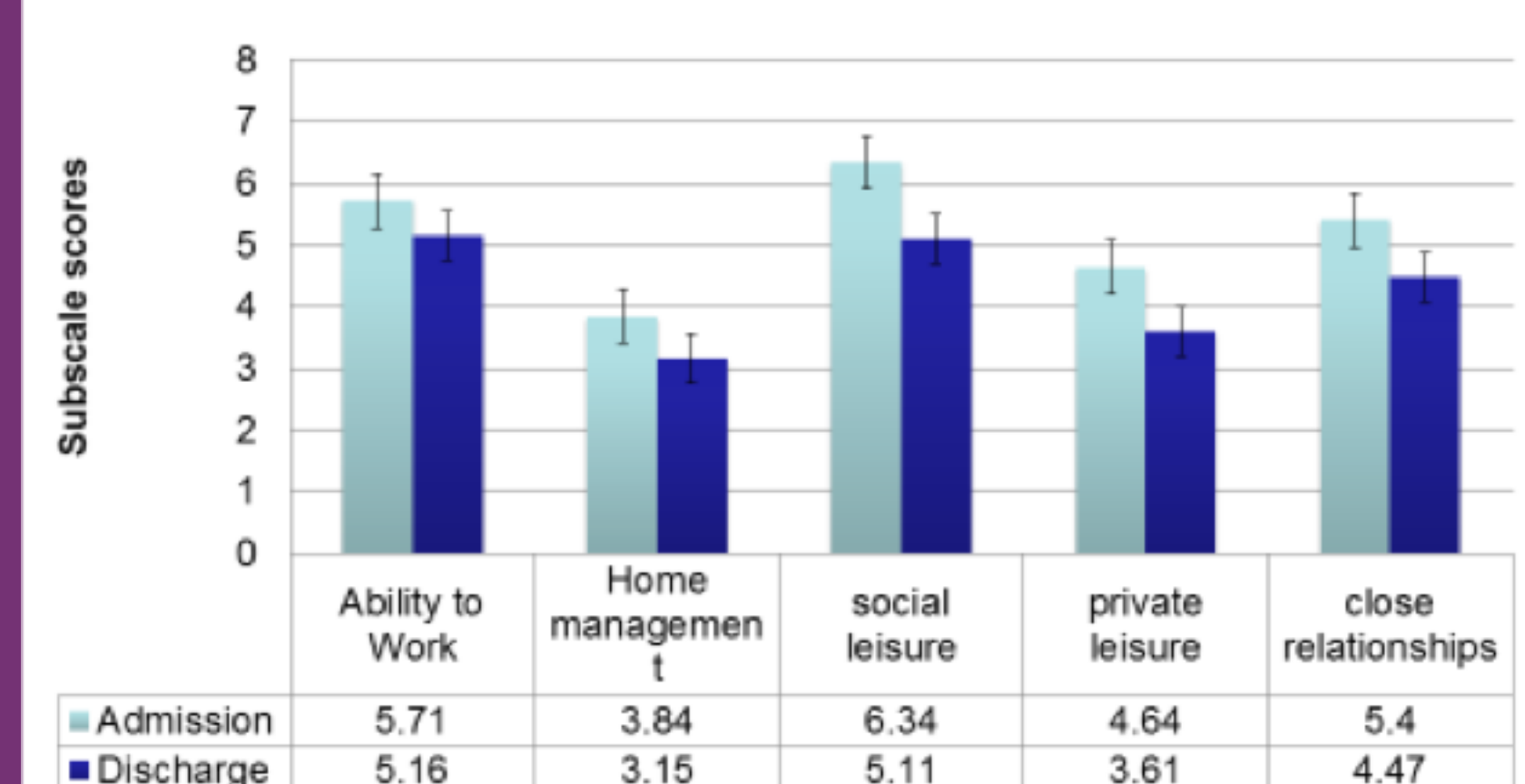
- Systematic collection of data on clinical and functional measures. Trends are monitored over time.
- Clinical audit data suggests that in addition to nutritional improvements levels of anxiety and depression are decreasing and functional outcomes improve.

Hospital Anxiety and Depression Scale (HADS)



Higher scores indicate higher self-reported Depression and Anxiety symptoms. Measures before discharge show positive changes-decrease in anxiety and depression

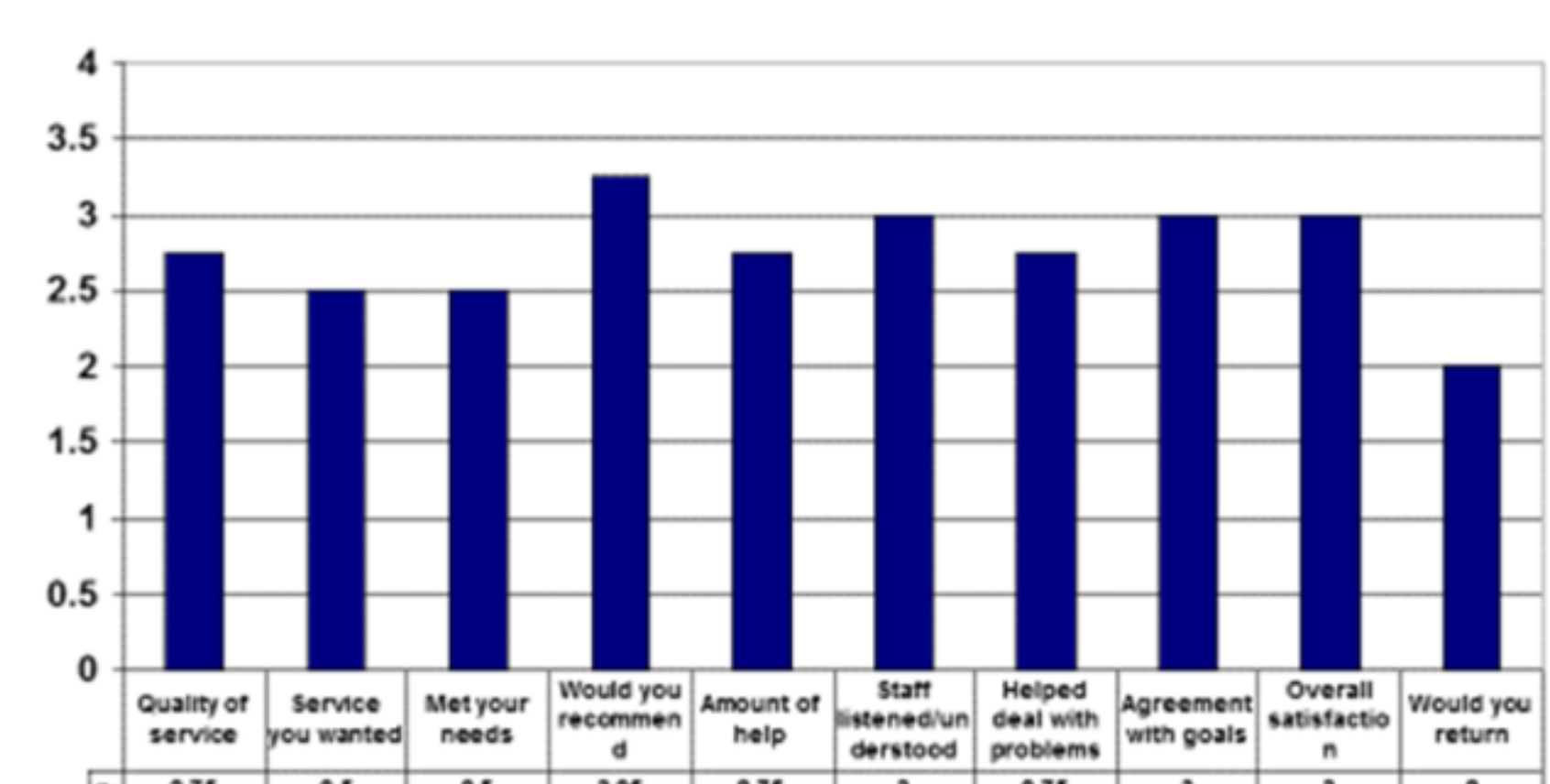
Work and Social Adjustment Scale Average in the beginning and end of the treatment



Higher scores indicate worse social adjustment

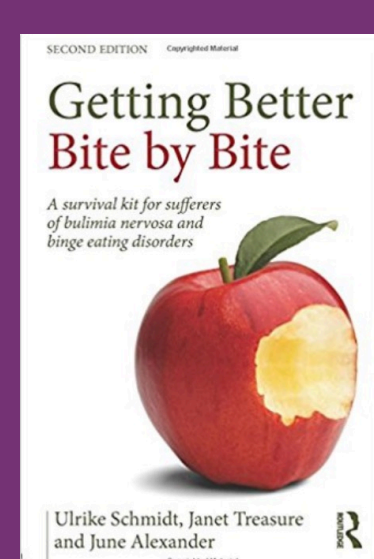
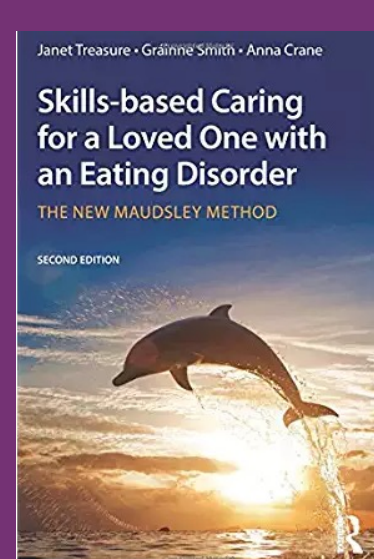
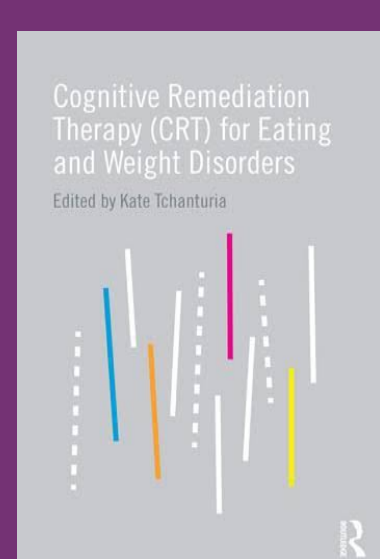
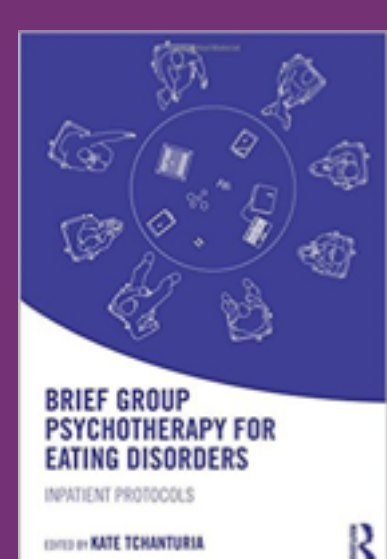
What do patients tell us?

Patient Satisfaction Questionnaire



- Active involvement in planning and staff understanding
- High overall satisfaction with service
- Patients would recommend our service to others

References:



Many thanks to all Psychology assistants and MSc students supervised by Dr. Kate Tchanturia Consultant Clinical Psychologist and EDU team